



Autumn Sesshin at Kodoji 2 – 9 April 2010

*Followed by
Dharma Transmission Ceremony
for Paul Maloney and Sexton Bourke
Saturday 10 April, 11 am, with a vegetarian
banquet at 1 pm and afternoon celebrations.
This is a ceremony of authorisation for a Roshi
in the Diamond Sangha.*

Teachers:

Subhana Barzaghi is a resident teacher of the SZC and founder of the Kuan Yin Zen Centre, Lismore. Subhana has over thirty years' experience in meditation practice and regularly leads Zen sesshins and Vipassana retreats throughout Australia, New Zealand, and India.

Paul Maloney has been practising Zen meditation for over forty years and has been an apprentice teacher in the Diamond Sangha branch of the Zen tradition for seven years.

Schedule:

Sitting and walking meditation; private interviews with the teachers; daily dharma talk; chanting; mindfulness work practice; vegetarian meals. In Zen tradition, a sesshin is based on intensive sitting meditation, in our case for seven or eight hours a day; such a schedule is usually suitable only for people who have previous meditation experience. All participants will begin sesshin on Friday 2 April.

Venue:

Kodoji, or Ancient Ground Temple, is SZC's retreat centre in the Upper Macdonald Valley, about 2_ hours north-west of Sydney, via Wisemans Ferry and St Albans. It was built over the last twenty-five years by Zen students. Kodoji sits in a beautiful valley called Gorricks Run, surrounded by high sandstone cliffs and deep wilderness. There is only limited indoor accommodation and it is generally expected that sesshin students will pitch their own tents.

Enquiries:

Sesshin only: Tony Miller, tonyphilmill@yahoo.com.au

Transmission Ceremony only: Harry, harryt5@optusnet.com.au

Cost: \$330 members, \$380 non-members.

Applications are due and fees payable by 19 March. Applications or payments after this date incur a 10% additional fee.

No applications will be accepted after 26 March, unless a cancellation occurs. Applicants who have not paid by 26 March will have their places cancelled.

Except in the case of unforeseeable emergencies, no refunds are payable if you cancel after 26 March or if you leave sesshin earlier than your nominated time. In the event of unforeseen circumstances SZC may cancel this sesshin.

Application Form: SZC Autumn Sesshin 2-9 April 2010

Name: _____

Address: _____

Phone: H: _____ W: _____ MOB: _____

email: _____

In case of emergency, contact:

Name: _____ Phone(s): _____

Special factors: • If you wish to bring children to sesshin (\$10 per child per day), or
• If there are any medical or personal factors that may affect your participation, or
• If your financial situation makes it impossible for you to pay the applicable fee, please contact the sesshin coordinator no later than 19 March.

Special food requirements: Food will be vegetarian. If you have specific requirements—e.g., if you do not eat dairy products or eggs, if you require or prefer soy milk, if you have allergies to any foods—please specify now, so that our food shopping can take this into account. It is too late to tell us once you are at sesshin.

If you are not an SZC member, specify previous meditation experience:

Do you have any medical or first aid training?

Attendance details: Full time, 2-9 April: SZC member Non-member

Part time: Number of days: ____ Arrival/Departure day and time: _____ / _____
Attendance from Day One is *preferred* for all participants, and *required* for participants who have not previously sat sesshin with SZC.

Transmission Ceremony, 10 April: I will attend I will not attend

Transport: I need transport I can offer transport Number of seats _____
 I have a 4WD or Station Wagon

Fees: Full time: SZC member \$330 Non-member \$380

Part time: SZC member \$55 per day _____

Part time: Non-member \$60 per day _____

Additional donation: _____

Total: _____

Organising a sesshin at Kodoji requires a large amount of volunteer labour, and late changes cause much extra work for volunteers and/or extra costs for SZC. We ask you to note carefully the following deadlines and provisions, to which no exceptions will be made.

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• Post this form to: Sesshin Coordinator, SZC, 251 Young Street, Annandale NSW 2038

OR

• send as an email attachment to: tonyphillmill@yahoo.com.au

• Include full payment by one of the following methods (please indicate):

Cheque or money order payable to Sydney Zen Centre. Do not send cash.

Electronic funds transfer to: BSB 062-182, Account No. 10086801. In the EFT description box, give your surname followed by 'SE'. If you pay by EFT, print out and post, or email, a copy of the transfer details page which you receive from your bank at the time of making the transfer.