

Sounds of Silence Zazenkai



**7 - 9 August 2009
at Kodoji**

Teacher:

Paul Maloney has been practising meditation in the Zen tradition for 43 years. A member of the Sydney Zen Centre collegial teaching team, he regularly leads zazenkai and co-leads sesshin.

Schedule:

Essentially the same as that followed in sesshin. The difference is that until teisho on the afternoon of the first day there are no words in the dojo, no sutras, no interviews. Rather, an extended and rich experience of silence. The zazenkai is particularly suitable for people who have sat sesshin at Gorricks Run before. Please note that Gorricks Run is very cold in August with night temperatures often below zero.

Enquiries and bookings: Jean Brick, jeanmbrick@yahoo.com.au

Cost: \$100 for the full 2 days, \$50 per day part-time

Due: 24 July (In making your application by this date, you will facilitate the smooth organization of the zazenkai. Payments after the due date incur an additional fee of 10%.)



www.szc.org.au 251 Young Street Annandale (02) 9660 2993

Application form on reverse. *In the event of unforeseen circumstances SZC may cancel this zazenkai.*

Application Form – Sounds of Silence Zazenkai 7-9 August 2009

Name: _____

Address: _____

Phone: Home: _____ Work: _____

Email: _____

Mobile: _____

In case of emergency, please contact:

Phone: _____ Name: _____

Address: _____

Special considerations: If you have any medical, personal or emotional difficulties that may affect your participation please discuss these with Jean Brick jeanmbrick@yahoo.com.au
Such information is confidential and remains with the sesshin leaders and teacher.

Food arrangements: In the week before the retreat, each participant will be asked to take responsibility for one meal. This involves buying and preparing food. People often find it convenient to prepare hot meals such as soup in advance. If you are unsure of what to do, talk to Jean about it.

Please specify any medical or first aid training that you have:

Attendance details: Full time:

Part time: Number of days: _____

Attendance from day one is *preferred* for all participants, and *essential* for participants who have not previously sat sesshin with SZC.

Arriving (day, estimated time) _____

Leaving (day, estimated time) _____

Transport: I need transport I can offer transport Number of seats _____

I have a 4WD or Station Wagon

Fees due 24 July 2009 (Applications after the due date incur a 10% additional fee)

Cut off date 31 July after which no applications accepted. Applications after that date will be put on a waiting list and included if there are last minute cancellations.

Full time: \$100

Part time: \$50 per day

Additional donation: _____

Total: _____

REFUNDS: No refund is payable if you request a reduced time or cancel after the 24 July, or if you leave sesshin earlier than your nominated time. Special circumstances will be considered. Requests for refunds should be made to Sesshin Coordinator.

To reserve your place: Send this form to: Sesshin Coordinator, SZC, 251 Young Street, Annandale NSW 2038,

Include full payment by one of the following methods (please indicate):

Cheque or money order payable to Sydney Zen Centre. Do not send cash.

Direct debit transfer to: BSB 062-182 Account 10086801. **Please identify EFT payments with your surname and the notation 'se'**. All direct debits to be accompanied by print-out of payment details with application form.

Do you wish to be on our mailing list? Yes No